

IN THE KNOW:

Marijuana

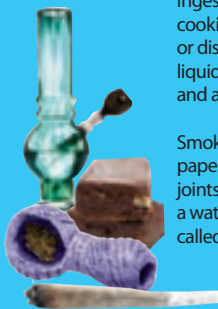
What is Marijuana?

A green or gray mixture of dried shredded leaves, stems, and seeds of the hemp plant *Cannabis Sativa*. It has a strong, sweet odor when burned and contains over 400 chemicals, some of which cause cancer.

HOW IS MARIJUANA USED?

Ingested by cooking in foods or dissolved in liquids like teas and alcohol

Smoked in rolled paper called joints or through a water pipe called a bong



MARIJUANA AND THE BRAIN

THC, DELTA-9-TETRAHYDROCANNABINOL, IS THE ACTIVE INGREDIENT IN MARIJUANA. IT CHANGES THE WAY THE BRAIN FUNCTIONS, INCLUDING:

- Learning
- Memory
- Coordination
- Motor functions



EFFECTS OF USE

- MEMORY LOSS
- DIFFICULTY THINKING
- POOR COORDINATION
- INCREASED HEART RATE
- PARANOIA AND HALLUCINATIONS
- BRONCHITIS/PNEUMONIA
- LUNG CANCER
- HEART DISEASE
- LOWERED IMMUNE SYSTEM
- DELAYED DEVELOPMENT
- EUPHORIA
- STRESS

STREET NAMES

- WEED
- POT
- REEFER
- GRASS
- DOPE
- GANJA
- MARY JANE
- HERB
- CHRONIC
- BLUNT
- BOOM
- CRIPPLE
- ROACH

GATEWAY DRUG

Marijuana is a gateway drug, meaning that if you use it, you are more likely to try harder substances like cocaine or heroin.

ADDICTIVE OR NOT?

IT'S JUST NOT WORTH THE RISK.

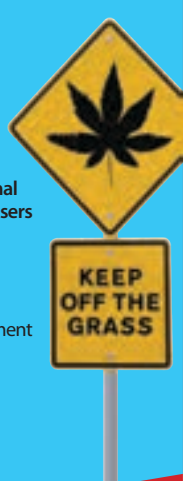
As marijuana growers make their product more potent, the potential for physical addiction increases.

Users can develop a **psychological addiction**, which means they have a compulsive behavior to use.

BURNING OUT

Marijuana use can lead to amotivational syndrome, where users lack an interest in:

- Academics
- Career
- Athletics
- Personal Achievement
- Socializing
- Relationships with others



GETTING HELP

There are treatment options available for marijuana users. Talk to a counselor or doctor to get help with your addiction.



Marijuana - Refuse to Use!